## **Updated Baseball Important Dates**

**Conditioning/Throwing Program**- Jan 10 through Jan 19 Tuesday, Wednesday , and Thursday @ Middle School 3:30-4:30.

**Tryouts**- Start on <u>January 23-25</u> @ Red Devil Hill 3:30-6. Jan. 25th will be at the Rec department.

Tryout schedule will be sent home closer to date. Players need cleats, baseball pants, and a glove for tryouts.

\*\*\*Make sure you have an up to date physical **prior** to attending conditioning.